

Montag				Dienstag				Mittwoch			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
17:00-17:50 CANTIENICA A Jenny				17:00-18:00 FASZIENTRAINING A Christin	17:00-18:00 PILATES A Nathalie	16:45-17:45 BREAKDANCE A Pedram 10-18J.		16:45-17:45 TAEKWONDO K Vitali 5-9J.			
18:00-18:50 ZUMBA A Jenny	18:00-19:15 TAEKWONDO A Vitali	18:00-19:15 BALLETT A Yvonne	18:15-19:15 WIRBELSÄULE A Christin	18:00-19:15 BURLAZZI! 1 Sabine	19:15-20:30 YOGA A Alex	18:00-19:15 CAPOEIRA A Mert	18:00-19:00 CROSSHAUS ZIRKEL A Alex	18:00-19:10 CONTEMPORARY A Alicia	18:15-19:15 ORIENT BASIC 1 Alice	16:45-17:45 CAPOEIRA K Nego 5-12J.	17:30-18:20 WIRBELSÄULE A Anna
19:00-20:15 HOUSE 1 Mendibi	19:30-20:25 REGGAETON BASIC 1 Antonia	19:30-20:30 REGGAETON CROSSHAUS ZIRKEL 1 Antonia	19:30-20:30 CROSSHAUS ZIRKEL A Christin	19:30-20:45 JAZZ 3 Sabine	19:15-20:30 YOGA A Alex	19:30-20:45 HAU DEN SACK 1 Sophie	19:15-20:30 KALI SIKARAN A Frank	19:15-20:20 REGGAETON A sahar	19:15-20:30 TRIBAL BASIC 1 Alice	19:15-20:30 TRIBAL BASIC 1 Alice	18:30-19:30 CROSSHAUS ZIRKEL A Anna
20:30-21:45 DANCEHALL female Style 1 Nay	20:30-21:30 TWERKOUT A Antonia	20:45-22:15 BELEGT	20:45-22:00 AKROBATIK A Benedikt					20:30-21:45 HOUSE A Mendibi		20:45-22:15 SYSTEMA A Salim	19:45-22:00 BELEGT A

Donnerstag				Freitag				Samstag				Sonntag			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
9:30-10:30 PILATES A Jenny			9:15-10:15 WIRBELSÄULE 1 Bettina					11:00-12:15 YOGA A Felix							14:00-15:30 BALLETT 2 Iris
10:45-11:45 ZUMBA A Jenny			10:30-11:30 WIRBELSÄULE 1 Bettina				16:00-16:50 TAEKWONDO 1 Vitali 5-9 J.	12:30-13:30 WIRBELSÄULE 1 Felix	12:15-13:45 AKROBATIK 1 Benedikt	14:15-15:15 ZUMBA Berni		15:30-16:45 REGGAETON Sahar			14:30-15:45 POLE DANCE 1 Alta
18:00-19:00 STREET BASIC 1 Hakim	17:30-18:30 PILATES A Nathalie	16:45-17:45 STREETTEENS 1 Hakim 12-15 J.	16:45-17:45 KUNGFU A Julian ab 6 J.	17:00-18:10 AFRICAN FUSION 1 Luisa	18:00-19:15 YOGA 2 Felix	17:15-18:15 ZUMBA GOLD 1 Michel	17:00-18:00 TAEKWONDO A Vitali 9-12J.	14:00-15:30 JAZZ juliane	14:00-15:30 BALLETT Iris	17:00-18:15 COMMERCIAL A Kai					16:00-17:00 180 GRAD A
19:15-20:35 CONTEMPORARY 2 Paula	18:45-20:15 TRIBAL FUSION 2 Alice	18:00-19:00 CONTEMP. BASIC 1 Paula	19:30-20:45 CAPOEIRA A Mert	18:15-19:30 KALI SIKARAN A Frank	19:45-21:00 HIP HOP A Mendibi	18:30-19:30 ZUMBA A Michel	19:30-20:45 TAEKWONDO A Vitali	16:00-17:20 BURLAZZI! 1 Sabine	15:45-17:00 BALLETT Iris						
20:45-22:00 DANCEHALL A Rima								17:30-19:00 BURLAZZI! 3 Sabine							

**STUNDENPLAN
GÜLTIG AB 1.9.2020**

1 Erfahrung: 0
2 Ab 6 Monate Erfahrung
3 Mind. 1.5 Jahre Erfahrung
A All Levels

K Kinderkurse
J Jugendkurse
R Rehasport